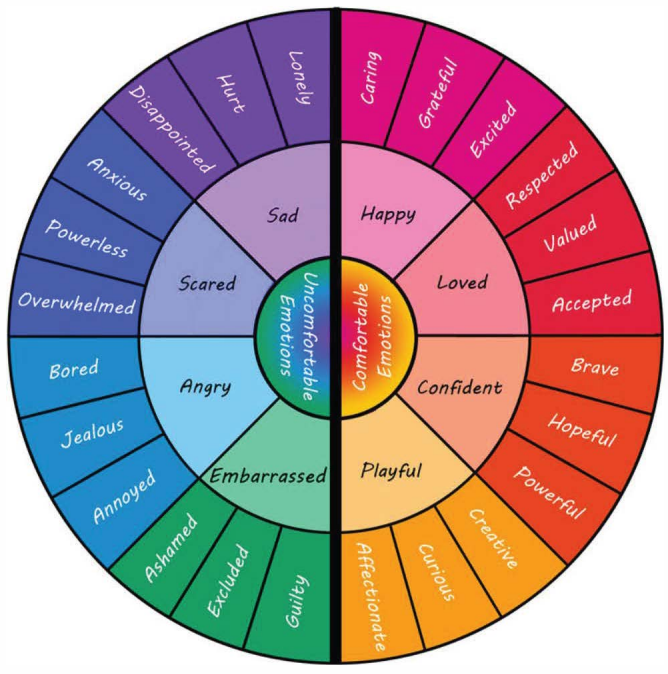
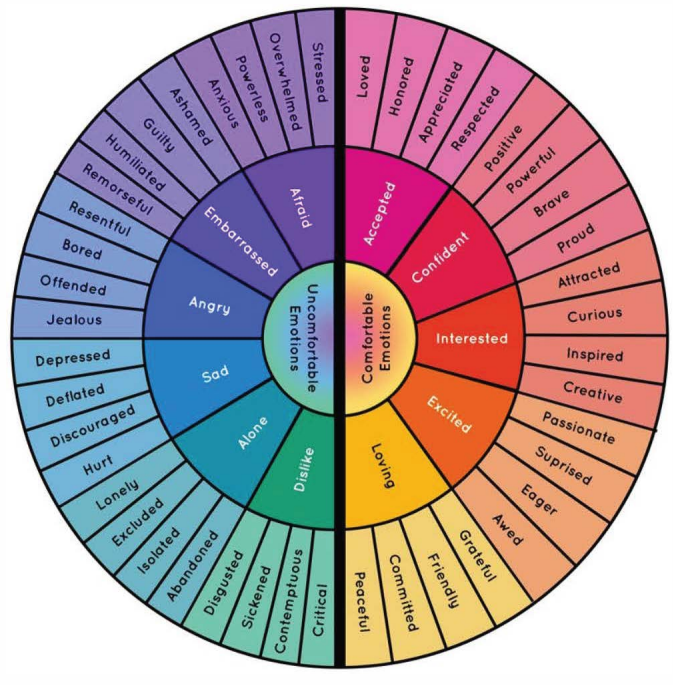
Level 1

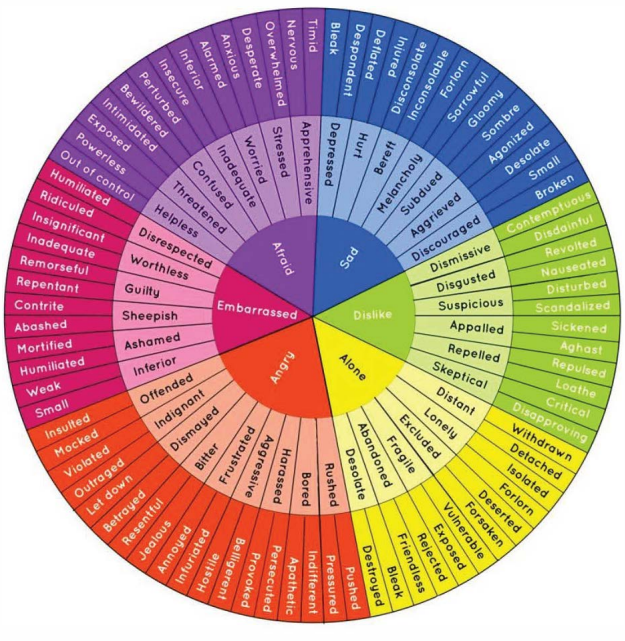


Level 2

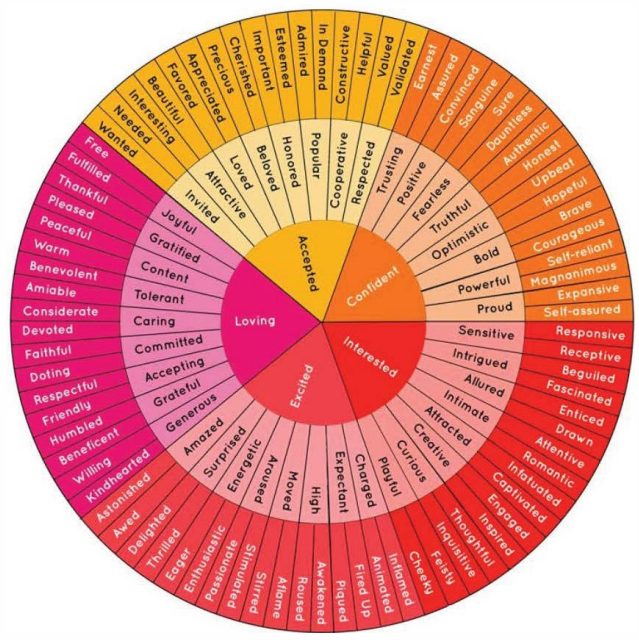


Level 3

Uncomfortable



Comfortable


Accepted
Confident
Interested
Excited
Loving
Loved
Honored
Popular
Cooperative
Respected
Trusting
Positive
Fearless
Truthful
Optimistic
Bold
Powerful
Proud
Sensitive
Intrigued
Allured
Intimate
Attracted
Creative
Curious
Playful
Charged
Expectant
High
Moved
Aroused
Energetic
Surprised
Amazed
Generous
Grateful
Accepting
Committed
Caring
Tolerant
Content
Gratified
Joyful
Invited
Attractive
Loved
Belo